# The PEN

Pasadena Elementary News, January 2020

## Principal's Message

Dear Pasadena Families:

Happy New Year and welcome back from winter vacation! As we near the end of the second marking period, I would like to invite you to continue being active in your child's education by becoming a volunteer, joining the PTA, and/or by communicating with your child's teachers. Monthly school newsletters will continue to be emailed and posted on the school website. Connect-ED Messages will continue to provide



school website. Connect-ED Messages will continue to provide up-to-date school and AACPS information.

Thank you for your continued support of the Cultural Arts program. Whether your student is participating to develop social skills, learn something new, or gain experience through the art forms, your student is developing an appreciation, learning to take a risk, try something challenging, and building self-confidence. Our students enrolled in band, strings, and chorus performed wonderfully at the Winter Concert.

Thank you to the staff and families who participated in the recent service-learning projects: The Gift Barrel and the Mitten Tree. Together, we make a difference in our community.

#### Mark your calendar:

- -January has been designated #AACPSReadWithMe. Please <u>Tweet</u> pictures of your student and family reading: @PES\_AACPS. Submit the At-Home Reading Challenge when completed. We are hoping to have all students participate.
- -Thank you for reading "Chocolate Fever" or listening to the broadcast on the PTA Facebook page. We have enjoyed 'One School, One Book' activities and look forward to Pasadena Elementary's version of #ReadWithMe at Literacy Night on Wednesday, January 29 from 6:00-7:00pm, and we hope your family can join us. Please RSVP.
- -The second & fifth grade students will be participating in COGAT testing on January 6, 7, & 8. The fifth-grade students will be participating in the Maryland Integrated Science Assessment (MISA) this March. The testing window opens March 9, and your student will bring home more information closer to this time.

-The staff and students will continue to prepare for the Maryland Comprehensive Assessment Program (MCAP). The testing window begins May 4. The assessments will be administered to students in grades 3, 4, and 5. Questions will include evidence-based selected response, and there will also be test items that require students to write in an extended format. Students have been preparing in class with sample questions and on county assessments. Please partner with us to ensure that your child completes assignments, spends time reading daily, practices math facts, and maintains regular attendance. Parents are encouraged to review additional information about the MCAP, including sample questions, which can be found at <a href="https://md.mypearsonsupport.com/practice-tests/">https://md.mypearsonsupport.com/practice-tests/</a>.

If you have any comments or questions, please feel free to email me or call the school. Happy New Year,
Jennifer Quirino, Principal

SUNDAY	MONDAY	TUESDAY	WEDNESDA	AY THUI	RSDAY	FRIDAY	,	SATURDAY
				School O	none	Math Mindset		
				School O	pens	Activities		
			School Closed	Math Mir				
				Activities		PES Spirit Day	,	
	Ballroom		COGAT	1	2		3	4
	Dancing Gr 5		Testing:			<b></b>		
			Grades 2 & 5					
			Yearbook Club					
	COGAT	COGAT	, car a son order					
	Testing:	Testing: Grades 2 & 5	PTA Meeting	Cluster Cl Concert	horus			
5	Grades 2 & 5		5:30pm	8	9		10	11
	PTA Ledo's		Sea Perch	Dress for				
	Restaurant Night		Sea Perch	Success S Day	Spirit			
12	13	14	ı	15	16		17	18
			Sea Perch					
			Yearbook Club					
	No school –		Dance Company	Cluster Band/Stri	ings			
	MLK Day		performs SPHS	Concert				
19	20	21	PES Literacy	22	23		24	25
			Night			World Read		
			2-hour early			Aloud Day		
			dismissal			Flashlight		
	DEC Ion Co-hi		Wellness Wed.	Cob-s-l-1	acad	Friday		
	PES Joe Corbi fundraiser	2-hour early	Spirit Day	School cle Teacher	osea	Marking Pd 3		
	begins	dismissal	PBIS Event	Workday		begins	24	
26	27	28	r DIS EVENT	29	30		31	







## December Volunteers

Special thanks to Brittany Oliver for setting aside time to help with Vision & Hearing screening.

## Recognize Staff!

Help us recognize our AMAZING staff members! Have something nice to say about a staff member at PES? Click here to leave us a note!

### Congratulations!

PES student, Jada, was honored by the Anne Arundel County Council for a portrait she made of her family. She was presented with a special award. Her artwork will be displayed in the Arundel Center.

## Reading Corner with Mrs. Cornetti

Our annual #AACPSReadWithMe challenge begins in January. Attached are reading logs for Chocolate Fever and also our bingo reading challenge. Any pictures of your student reading can be shared on our Twitter page: @PES\_AACPS. Our Literacy Night is scheduled for January 29, and we invite your family to join us.

<u>Writing</u> is a terrific way for children to express their thoughts, creativity, and uniqueness. It is also a fundamental way in which children learn to organize ideas. Learning to write well helps children to be better readers. The following are ways to encourage your child's writing:

- Children can always write a thank you note to a friend or relative. Talk through what your child wants to say before writing.
- Have them make a shopping list before going to the grocery store.
- Have your child write step by step instructions for something. Example: have him/her write instructions for taking care of the family pet.
- Talk about a book that has been read or a movie that has been seen. Have them write a description of what happened.
- Children can start keeping a personal diary or even a baby book for a younger sibling.
- Have them write a convince me letter. Choose a topic you don't agree on and have them write a letter trying to convince you to change your mind.
- Find some great photographs or pictures. These can be great story sparkers. Ask your child to write about one of them.

Children can create an "I Can" book. Making an "I Can" book will let your child practice writing skills and keep track of his/her accomplishments.



## Chocolate Fever- January.pdf

Reading Log for January





Pasadena Elementary Literacy Night: January 29
Please RSVP. Click on the attachment for more info!

**J** Download
191.4 KB



## #AACPSReadWithMe

## Elementary School At-Home Reading Challenge

	Read in the car or on the bus	Read for 15 minutes	Read while eating a snack	Read on a rainy or snowy day	Read for 10 minutes	
470.4	Read to a sibling or neighbor	Read with a friend	Read while on the floor	Read outside	Listen to someone read to you	
	Read to a senior adult	Take turns reading aloud with a friend	Use your AACPL SAIL account to check out a bookl	Listen to an audio book	Read after school  Read on a Saturday  morning	
	Read to a parent or family member	Turn out the lights and read by flashlight	Read in bed	Read for 20 minutes		
	Introduce yourself to a librarian	Read in your pajamas	Read about a character that doesn't look like you	Read before school	Read in your favorite room	

Write the name of the boo	k on the line t	o complete	the square and ea	rn BINGO!
Name:	_Grade:	Teacher:		_
Parent/Guardian or Teache	r Signature: _			



#### you matter



## **COUNSELOR'S CORNER**

#### AVID INFORMATION FOR 5<sup>TM</sup> GRADE PARENTS

Jan. 13<sup>th</sup> - AVID Parent Information Night
6-7 pm at Chesapeake Bay Middle
Jan. 17<sup>th</sup> - AVID Applications Due
February (TBD)- AVID student interviews at
CBMS between 4-6 pm.
Students who apply will be emailed a link to
a sign-up genius to select an interview time.

#### **GRATITUDE PROJECT**

Gratitude is a thankful mindset that empowers you to show appreciation for people, places, things and activities. Research shows that:

#### Gratitude Makes You Healthier Gratitude Boosts Your Intelligence Gratitude Makes You Kind

During January we will kick off our Gratitude Campaign. A Gratitude Wall will be created in the cafeteria. Students and staff will have several opportunities during the month to write down on sticky notes the people or things they are grateful for. We encourage you to add your gratitude to the wall if you are in the building visiting. The main office will have additional sticky notes for parents to use.

Later in the month you will also find orange "Gratitude Spots" on the floor throughout the building to remind students and staff to think about what they are grateful for. If you step on one, think about what you are thankful for and share it with your child.

We hope you will join us in our Gratitude Campaign and take time to "Look for the Good" in each day.

#### Thank You! Thank You!

Thank you to our Pasadena families who donated toys, hats and mittens.

The barrel was overflowing and not a branch on the tree was empty. All

## donations went to support local families.

Maryland schools must implement a prevention oriented child sexual abuse program. As the school counselor I will be teaching personal safety lessons in all grade levels between February and March. A letter will come home the end of January. The lessons will focus on age-appropriate techniques to recognize child sexual abuse and tell a trusted adult. Students will identify trusted adults, both inside and outside of the school, where they can go for help. Follow up activities to the lessons will be sent home.

Parents will have an opportunity, if they so desire, to review the lesson materials. Lessons have been uploaded to <a href="https://www.aacps.org">www.aacps.org</a> and can be found by Clicking on Services>Find a School Counselor>Elementary Core Curriculum

Parents can opt out of having their child(ren) participate in the lessons and an alternative activity will be provided.

#### January Classroom Guidance Topics

Kindergarten – Tattling vs. Reporting

1<sup>st</sup> Grade – Tattling vs. Reporting

2<sup>nd</sup> Grade – Tattling vs. Reporting

3<sup>rd</sup> Grade – Cooperation/Problem Solving

4<sup>th</sup> Grade – How to Deal with Rumors/Gossip

5<sup>th</sup> Grade – Substance Abuse continuation

## All About Art with Mrs. O'Boyle

There is a 'Winter Wonderland' art exhibit featuring elementary students at the Westfield/Annapolis Mall, it will on display until January 6th. Congratulations to our students who have artwork on display!

Thank you for your continued support through our Artsonia website! All students who have parental permission will have their artwork on Artsonia. It's a fun way to feature our students artistic growth and talent and it can easily be shared with family members and friends. Please be sure to check out our school's web page on Artsonia: <a href="https://www.artsonia.com/schools/school.asp?id=75579">https://www.artsonia.com/schools/school.asp?id=75579</a>.

10 HEALTHY NEW YEAR'S RESOLUTIONS FOR KIDS from American Academy of Pediatrics.

- 1. I will clean up my toys and keep my room in good order.
- 2. I will brush my teeth twice a day and wash my hands before eating and after the bathroom.
- 3. I won't tease dogs, even friendly ones and keep my hands and face away from their mouths.
- 4. I will drink more milk and water, and limit soda and fruity drinks.
- 5. I will apply sunscreen before going outdoors.
- 6. I will find a sport or activity that I like and do it at least three times a week.
- 7. I will always wear a helmet when bicycling or boarding.
- 8. I will wear my seat belt every time I get in the car.
- 9. I'll be nice to others, and friendly to kids who need friends like someone shy or new to school.
- 10. I'll never give out personal information or pictures of myself to strangers or over the internet.

#### MAKE HEALTH YOUR RESOLUTION

Healthy You: Make healthy food choices, be active, make an appointment for a check - up, vaccination, or screening. Know your numbers – weight, blood pressure, cholesterol. Wash your hands often. Be smoke free. Get enough sleep. Learn and practice a new health tip each week. Make a new friend.

Healthy Family: Plan to eat more meals together as a family. Encourage and support physical activity. Put together a family health history. Know where to go for health care in town if you do not have insurance. Keep pets vaccinated and healthy. Add a health-related web site to your favorites list and check weekly updates. Spend more time together. Be courteous and practice good manners.

Healthy Home: Go green. Reduce, reuse, and recycle. Install smoke alarms, and carbon monoxide alarms on every level. Keep cleaning products and medications away from children. Have a winter weather emergency plan, and stock your home and car with necessary supplies. Avoid carbon monoxide poisoning and hypothermia. Never use generators, grills, camp stoves, or similar devices indoors.

Healthy Community: Volunteer at your church, school, or one of the many community center s needing help or an extra hand. If you have received help from others, try to repeat the gesture. Extend a common courtesy wherever you are – they are always appreciated and hopefully duplicated.

Healthy Workplace: Stay home if you are sick. Wash your hands often, participate in healthy workplace programs, take steps to prevent job stress. Reduce work injuries and practice good body mechanics.

#### **Illness Guidelines**

With the arrival of colder weather, we have entered the cold and flu season. For the health of your child, other students, and school staff, it is important to know when your child should stay home due to illness. Students should stay home if they have had any of the following symptoms: • fever of 100 or higher in the past 24 hours; • undiagnosed rash that is accompanied by fever or itching; • bad cough or difficulty breathing; • vomiting or diarrhea

within the past 24 hours; • sore throat, with fever or swollen glands in the neck; or • symptoms of being sick such as being unusually tired, fussy, pale or had difficulty waking.

If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other social activities.

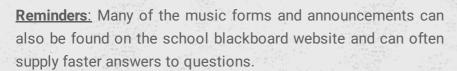
#### Care for Sick or Injured Children at School

If your child becomes sick after arriving at school, the School Nurse or Health Assistant will call the parent or emergency contact person to come pick up your child. Your child will be removed from the classroom and must be picked up as soon as possible. Please consider carefully how you will handle the possibility of your child needing to come home unexpectedly.

In an emergency, the School Nurse will call EMS to transport the child to the hospital. It is very important to keep accurate and current phone numbers on file for home, work and alternate emergency contact persons. Please contact the school office if you need to change or add any contact information.

#### Music

Congratulations to all of our music students on a wonderful job in the Winter Concert! Let's keep up all that music making for the Spring Concert as well.





Advanced Strings students will need the next book in the series for their classes starting at the end of the month. It is titled *Essential Elements 2000, book 2* for each respective instrument. The new Strings books will have a purple bar across the top.

<u>Upcoming events:</u> Our 5th grade students have several exciting opportunities in January! The <u>Chesapeake Choral Feeder Festival</u> is for all 5th grade choral students in the Chesapeake Feeder. This event will be held on **January 9th.** Permission slips were sent home already! It is a very fun event that culminates in a wonderful concert performed by a combined ensemble of 5th grade through 12th grade students.

The <u>Chesapeake Instrumental Feeder Festival</u> is for 5th grade students in the band or orchestra who attend Chesapeake feeder schools. This event will be held on **Thursday**, **January 23** (Snow date Jan 27). It is a very fun event that culminates in a wonderful concert performed by a combined ensemble of 5th-7th & 8th -12th grade students. Permission slips have been sent home. They are due the second week of January. Please try to get them in on time!

3rd and 4th grade students will have special in-school performances on the morning announcements coming soon. Music shirts should be worn on these days.

<u>Practice:</u> Please encourage your instrumental students to maintain regular practice habits at home. We will begin working on more challenging materials now that our first concert is over, and most students need that home practice time to continue their success. Recommended practice time is for 15-20 minutes for 4 days each week.

<u>Other music tools:</u> Just before the Winter break, many instrumental classes were working with a special software program for music writing. A similar program is available as a free download at: <a href="http://www.finalemusic.com/notepad/default.aspx">http://www.finalemusic.com/notepad/default.aspx</a>. Another web subscription-based app is also available at Noteflight.com.

Instrument Storage: During the colder months, please keep in mind that exposure to the much colder air can damage any instrument, as can constant changes in temperature. Transporting the instrument to and from school should not present any problems, but when instruments are being stored they should be kept away from heat/ cooling vents, outside doors, windows, & anywhere that moisture collects. Please try to avoid leaving it in cars for long periods of time as well. Proper storage will help ensure that your child's instrument remains in good working order for continued success.



## **Unity Day**

This year, PES is participating in Unity Day to stand "Together Against Bullying — United for Kindness, Acceptance, and Inclusion." Here, students and staff are "all hands in!"



## Spirit Week Activities

Thank you for participating in Spirit Week activities in December! Check out the calendar for school spirit events in January.



## Sign Language Club

Many thanks to the students who participated in Sign Language Club.